Be cool and help a community cat! Learn the basics of TNR with this step-by-step guide.

- **1. Develop a routine** by feeding the cat around the same time in the same place every day.
- **2. Pick up a trap about a week before** the scheduled spay/neutered appointment.
- **3. Train the cat to go into the trap** by placing it in your usual feeding area. Remove the trap door or zip tie the door open. Begin placing the food deeper into the trap day by day.
- **4. Get ready to trap the cat a day before** your scheduled appointment. Withhold feeding the cat for 24 hours and ask neighbors not to feed as well.
- **5. Prepare a place to keep the cat** once she's trapped. This should be a safe, climate-controlled area. Lay a tarp or plastic on the floor to help control any messes.
- **6. Set the trap and get ready to catch a cat!** Use wet cat food or canned fish as bait to increase your chance for success.
- 7. Once the cat is caught, cover the trap immediately with a sheet or towel to reduce the cat's stress. Move the trap with the cat inside to your prepared holding area. Do not open the trap!
- **8. Take the cat to the clinic**. Keep the trap covered with a sheet and lay plastic down in your car to avoid any mess or potty accidents. Pick up the cat after the appointment.
- **9. Allow the cat to recover** in the trap in your same holding area overnight. The cat needs time to allow the anesthesia to wear off. Do not keep the cat outdoors in cold weather, as she cannot regulate her body temperature after surgery.
- **10. Return the cat** to the same outdoor location where you trapped her. Open the trap door to release the cat and have some breakfast ready. She's probably hungry after all of that!



Visit **www.GiveThemTen.org** for more community cat tips and resources.